

REPORTS OF THE ACTIVITIES DURING 2020-21

1. Tree sapling planting on World Environment Day

National Service Scheme of the college celebrated World Environment Day on 5th June 2020 by planting the tree saplings at the houses of the volunteers. World Environment Day was celebrated online mode and volunteers were asked to modify their what app status with the photo of the sapling that they have planted. 70 volunteers planted tree samplings at their houses situated at different locations in various districts across Kerala.



2. Blood

donation by volunteers during COVID 19 lockdown

Several volunteers donated blood during the COVID-19 pandemic. The details of the blood donors on behalf of NSS unit of St. Thomas College, Palai is given below;

Sl.No	Name	Date	Hospital	Blood Group
1	Amal Prakash	15 July 2020	Holy Ghost Mission Hospital, Muttuchira	B+ve
2	Martin Joseph	28 July 2020	Medical College,	A+ve

			Kottayam	
3	Collin Varghese Shaji	19 August 2020	Caritas Hospital, Thellakom, Kottayam	B+ve
4	Amal Prakash	5 November 2020	Indo- American Hospital, Vaikom	B+ve
5	Deol Roy	11 January 2021	Medical College	O-ve
6	Akshay Vijay	1 February 2021	Mar Sleeva Medicity	O-ve
7	Arjun J	1 February 2021	Mar Sleeva Medicity	O+ve
8	Amal Prakash	15 February 2021	Marian Medical Centre, Pala.	B+ve
9	Kiran Kumar M	26 February 2021	Mar Sleeva Medicity	O-ve
10	Aswin Abraham	6 March 2021	Medical College, Kottayam	B+ve

3. Gandhi Jayanti celebration through Swachh Bharat Programme.

NSS volunteers celebrated Gandhi Jayanti day by cleaning the premises of their houses and their neighbouring locality. The programme was organized strictly following the COVID - 19 protocol given by the government. Volunteers were asked to clean either the premises of their house or bus stop, waiting sheds and public roads.






NATIONAL SERVICE SCHEME
Unit No. KL 05 043
ST. THOMAS COLLEGE, PALA
Celebrates
Gandhi Jayanti 2020
Friday, October 02, 2020

പരിസര ശുചിത്വം, വ്യക്തി ശുചിത്വം

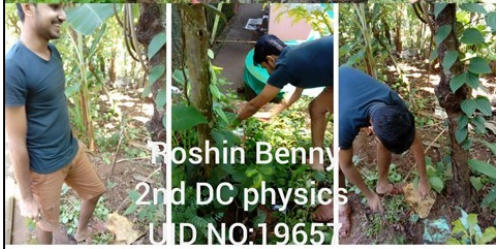
നിർദ്ദേശങ്ങൾ

- ✓ എല്ലാ വോളണ്ടറിയേഴ്സും അവരവരുടെ വീടിന്റെ പരിസരം ശുചീകരിക്കുക.
- ✓ തികച്ചും വ്യക്തിഗതമായ പ്രവർത്തനം.
- ✓ വീടുകൾ സമീപത്താണെങ്കിൽ, ഒന്നിലധികം വോളണ്ടറിയേഴ്സ് കൂടി സമീപത്തുള്ള പബ്ലിക് സ്ഥലങ്ങൾ (വെയ്റ്റിംഗ് ഷെഡ് , ബസ് സ്റ്റോപ്പ് , റോഡ്) ശുചീകരിക്കാവുന്നതാണ്. ഇങ്ങനെ ചെയ്യുന്നവർ പ്രോഗ്രാം ഓഫീസറിനെ മുൻകൂട്ടി അറിയിക്കണം.
- ✓ ഈ പ്രോഗ്രാമിന്റെ പേരിൽ കൂട്ടുകൂട്ടുവാനോ വാഹനത്തിൽ കറങ്ങി നടക്കുവാനോ പാടില്ല.
- ✓ ചിത്രങ്ങൾ പകർത്തുവാൻ ഒരാളുടെ സഹായം തേടാം.
- ✓ NSS ബാഡ്ജ് കോളേജ് ID കാർഡ് ധരിക്കാൻ ശ്രമിക്കണം.
- ✓ കോവിഡ് പ്രോട്ടോക്കോൾ നിർബന്ധമായും പാലിക്കുക
- ✓ ചിത്രങ്ങൾ JPEG ഫോർമാറ്റിൽ പ്രോഗ്രാം ഓഫീസർക്ക് 3:00 PM ന് മുൻപ് അയച്ചു കൊടുക്കണം.


Joseph Benny
2nd DC Physics
UID No:20198
Roll No:85



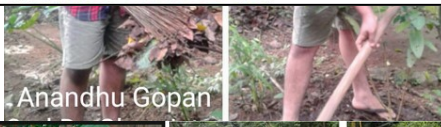
ANAND P S 2ND DC MALAYALAM 533




Roshin Benny
2nd DC physics
UID NO:19657



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Anandhu Gopan



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Arjun R Nair
2nd DC physics
uid:19860
place: Bharananganam




Arjun K Manoj
Roll no : 8
UID no:20099
Bsc Mathematics



B B GEORGE
2nd DC Botany
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Rosh Augustine
2nd DC B.com
649



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Anil Prakash
2nd DC Mathematics
Roll No 6
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Anantha Prakash
2 DC B.Com
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4. Plant volunteer programme organised by NSS

NSS unit of St. Thomas College Pala have taken up 'plant a volunteer by planting a tree' project as part of the enrollment of new NSS volunteers. The project is designed in such a way that all newly enrolled NSS volunteers were asked to plant a tree at their home or in their region in the academic year 2020-2021.



5. Cleaning public places as part of seven day NSS camp

NSS volunteers actively participated in cleaning public places like bus waiting centres and health centres at various locations as a sign of their social commitment and dedication.





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Covid – 19 field survey

Students did a covid – 19 field survey to study the variation in covid cases, pattern of spread, symptoms of the respective covid – 19 variants and after effects of the disease among various age groups in various panchayats and municipalities.



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Planting tree saplings during 7-day special NSS camp

Students and NSS volunteers were encouraged to plant saplings in their homes and locality to generate a love for nature and to become a volunteer for nature conservation.



8. Blood donation camp

A blood donation camp was organized by the NSS unit of the college in collaboration with Lions Club, Kadaplamattom and Blood Forum, Pala on 4th March 2021 at the college auditorium. One hundred volunteers donated blood. Blood bank units of S.H. Medical Centre, Kottayam and I.H.M. Marygiri hospital Bharananganam collected blood.



9. SVEEP Kottayam 2021 campaign

Systematic Voters' Education and Electoral Participation program, better known as SVEEP, is the flagship program of the Election Commission of India for voter education, spreading voter awareness and promoting voter literacy in India. NSS unit of St. Thomas College, Palai has organized several programmes as part of SVEEP campaign. The theme of the district level SVEEP campaign was *100 % literacy to 100 % polling*. SVEEP activities were organised in collaboration with SVEEP Kottayam, District Collectorate, Office of the Meenachil Tahasildar and the Office of the Returning Officer of Pala Constituency. Dr. Cyriac Jose, programme officer of NSS was the coordinator of SVEEP Kottayam 2021 campaign at Pala legislative constituency.

Volunteers have campaigned through various regions of legislative constituency of Pala (093) where polling was below 70 percentage during the previous election. Leaflets with regard to the promotion of SVEEP were distributed to people. A short film was prepared by the NSS unit for the promotion of SVEEP 2021.

